

Advanced Social, Emotional and Mental Health for Support Staff

*A national professional development
course to make the difference o your
young people*

About the course

A two-day group course or six-month online course to explore factors affecting young people's social, emotional and mental health. This can be followed by an optional portfolio to work towards a qualification. Designed as a course to further the underlying knowledge of people already making a difference to children's lives.

About the provider

The Root Of It is a multi-award winning inclusion service covering the whole UK. Founded by behaviour expert Richard Daniel Curtis. In 2013, they have provided training and consultancy to over 1% of schools in the country. They run the National Special Educational Needs and Disability Awards, a free-to-enter annual celebration of good practice for 0-25 year olds.



MORE INFO

For more information contact:

The Root Of It

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WHAT IS IT

Social, emotional and mental health difficulties provide many challenges in your working life. This course was developed as a result of our specialist understanding of these complex and changing needs.

The course is delivered over 2 days or by 7 live online sessions by one of our experienced practitioners. The course starts with a getting to know you session, in order to ensure that the learning builds on your current skills. We want to help you develop your skills and take the next step in your career.

IS IT FOR ME?

People who attend this course have experience of supporting young people or their families. They have a basic knowledge of some of the conditions causing social, emotional or mental health difficulties, for example they have supported a pupil with autism or attachment difficulties, or worked with their family. They would like to know more about what causes these problems and learn different ways of approaching the behaviours they see to make more of an impact to those young people.

BENEFITS

- Improved knowledge, skills or behaviours
- Increased knowledge
- Evidence of professional development
- Address SEMH difficulties in new ways
- Improved career prospects

COURSE COMMITMENT

In-person

2 x full days.

Online

7 x monthly 90 minute workshops.

Additional commitment

Training is followed by an optional six-month portfolio to pass the course and gain a future qualification (approximately 3 hours a week).

HOW IT IS DELIVERED

The course is available online or can be delivered locally for groups of support staff.

The Root Of It also work with selected local partners on a Train the Trainer basis, such as Educational Psychology services, teaching schools, special schools or consultants.

HOW IS IT ASSESSED

The course is followed by an optional four-part portfolio:

- Reflection of the learning for themselves
- Reflection of applying the learning in the workplace
- Further reading or research they have undertaken
- Log of activities

We are intending to work with an awarding body to register this as a Level 3 Qualification.

COURSE CONTENTS

Modules:

- About you and your role
- The nature of behaviour
- The adult's impact on a child's behaviour
- Individual behaviour management plans
- Factors affecting social, emotional and mental health
- Causes of behaviour difficulties
- Autism
- ADHD
- Attachment difficulties
- Common mental health problems

